



Bigger than our fears - Week 2

Welcome - What's in your box of weird or unusual fears?

Word - On Sunday Leon opened up this idea, "it's ok to freak out because God is bigger than our fears"

- During this crisis season what are some of the things that have at times overwhelmed you, caused you to fear or just freaked you out a little?
- As a Christian we often think it's Fear *or* Faith but maybe we can experience faith *in* our fear; if that's true how does that change the conversation around fear?

Read the story from Matthew 14 v.22-33.

Look at how many times fear would have been a challenge in this story.....

- How does the power of choice work out when we do feel freaked out?
- What experiences have you had in the past few weeks where you've chosen well during times of fear?
- What experiences have you had where you've seen fear and growth go hand in hand?
- Leon said, "God doesn't slap you on the wrist he holds you by the hand", what difference should that statement make when we feel freaked out?
- Leon shared a story about a sailor and a rock, why is that such a powerful truth?

Finish by praying for each other...is anyone feeling overwhelmed, freaked out, in fear?

Read this verse out from the Psalms....

"From the end of the earth I will cry to You, When my heart is overwhelmed; Lead me to the rock that is higher than I." - Psalms 61:2 NKJV

Pray for others who are freaked out right now, our frontline workers, the vulnerable.....